

Financial Relief

Employment Assistance Program (EAP)

Why might my family or I use the services?

- Are feeling overwhelmed by the demands of balancing work & family
- Are experiencing stress, anxiety or depression
- Are dealing with grief and loss
- Need assistance with child or elder care concerns
- Have legal or financial questions
- Have concerns about substance abuse for yourself or a dependent



24/7 Support & Resource Information

- Call: 800-272-7255
- TDD: 800-697-0353
- Online: guidanceresources.com
- App: GuidanceResources Now
- Web ID: COM589



Additional Help



- 90-Day tax extension for taxes due to IRS
- Flexible PTO Policies
- Shift flexibility to accommodate childcare needs
- Unemployment benefits: Waiting Period Waived
- Utilities will not be turned off during this outbreak for late payment
- Mortgage, Auto Loans, Credit Cards: Lenders are working with affected people to delay payments. Contact your lender right away, explain your situation and ask about hardship programs

SMS

What's Next?

- Confirm or Update personal info in Ultipro including mobile phone.
- Location-specific updates will be sent via text.
- Contact your Human Resource Generalist or Manager for any concerns.